

GOLD CHA CHA

BEGIN IN SHADOW POSITION W/O HOLD	<u>COUNT</u>
1. BACK LOCK (LRL)	4&1
2. GUAPACHA BACK BASIC TO 3 CHA CHA CHAS FWD	(2)&3 4&1 2&3 4&1
3. BASIC MOVEMENT W/ RONDE & TWIST CHASSES	23 4&1 23 4&1
4. SPLIT CUBAN BREAK	2&3 4&1
5. LF TIME STEP	(2)&3 4&1
6. SWITCH TURN TO L, END W/ FWD LOCK (AGAINST LOD)	23 4&1
7. SPIRAL FOOT CHANGE, END IN OPEN POSITION	2(3) 4&1 LADY: 23 4&1
8. OPEN HIP TWIST SPIRAL TO OPEN CPP*	23 4&1 23 4&1
9. SPLIT CUBAN BREAK	2&3 4&1
10. CUBAN BREAK, END IN CLOSED POSITION	2&3&4&1
11. CROSS BASIC, END W/ SPIRAL DOWN LOD	(2)&3 4&1 (2)&3 4&1
12. AIDA	23 4&1
13. SWITCH ENDING	23 4&1
14. ALEMANA	23 4&1
[FIGURES 15-17 ARE OPTIONAL]	
15. ROPE SPINNING W/ 3 CHA CHA CHAS IN L SIDE POSITION MOVING AGAINST LOD	23 4&1 23 4&1 23 4&1
16. CUBAN BREAK	2&3&4&1
17. ALEMANA	23 4&1
18. ADVANCED HIP TWIST SPIRAL W/ 3 CHA CHA CHAS FWD (LADY BKWD), MOVING DW AGAINST LOD	23 4&1 23 4&1 2&3 4&1
19. 1-5 CLOSED BASIC MOVEMENT	23 4&1
20. NATURAL TOP	23 4&1
21. SPIRAL W/ LADY'S RUNAWAY CHASSE TO FAN POSITION	23 4&1 23 4&1
22. OVERTURNED HOCKEY STICK W/ 3 CHA CHA CHAS IN L SIDE POSITION AGAINST LOD	23 4&1 2&3 4&1
23. CUBAN BREAK	2&3&4&1
24. GUAPACHA NEW YORK	(2)&3 4&1
25. THERE AND BACK	23 4&1 (2)&3 4&1
26. BASIC IN PLACE W/ 2 HAND HOLD; END W/ CHASSE DIAGONALLY BACK TO OPEN POSITION W/ NO HOLD	23 4&1
27. TIME STEP	(2)&3 4&1
28. SOLO SPOT TURN W/ FOOT CHANGE TO SHADOW POSITION W/ NO HOLD; END W/ FWD LOCK DOWN LOD	2(3) 4&1 LADY: 23 4&1
29. SIDE STEP TO L, TURNING ¼ TO R ON 1 ST STEP TO FACE WALL	23 4&1
30. RF TIME STEP	(2)&3 4&1
RECOMMENCE W/ SPLIT CUBAN BREAK (FIG #4)	TOTAL: 39 BARS

*COUNTER PROMENADE POSITION

GOLD SAMBA

BEGIN IN RIGHT SIDE POSITION FACING WALL

COUNT

1. 4-6 ROLLING OFF THE ARM TO CONTACT POSITION	1a2
2. REVERSE ROLL	(SQQ)x4
3. 1-3 REVERSE TURN	1a2
4. 3 BACK ROCKS	(SQQ)x3
5. PLAIT	SS QQS
6. 4-6, THEN 1-3 REVERSE TURN	1a2 1a2
7. PLAIT 2x	(SS QQS)x2
8. 4-6 REVERSE TURN	1a2
9. MAN: BOTA FOGO IN PLACE, FACING DW LADY: WHISK TO R	1a2
10. MAYPOLE FOOT CHANGE TO SHADOW POSITION, END FACING DW	1a2a3 4 LADY: 1a2a3a4
11. CRUZADO WALKS AND LOCKS	(1 2 3&4)x2
12. RF TRAVELING DROP VOLTA	1(2)a3a4
13. 2 WHISKS	1a2 1a2
14. 3 CONTRA BOTA FOGOS, LADY TURNING L TO FACE MAN 1 ST STEP	(1a2)x3
15. FOOT CHANGE TO CLOSED POSITION: MAN- 2 CRUZADOS WALKS, OP, DOWN LOD LADY- RF SOLO TRAVELING VOLTA, FACING WALL LADY TURNS ½ TO R TO FACE MAN ON LAST STEP	1,2 1a2
16. NATURAL ROLL, COMMENCED OP	(SQQ)x4
17. 2 CLOSED ROCKS	SQQ SQQ
18. RUNS IN OPEN PP AND OPEN CPP	(1&2)x5
19. LADY'S 3 STEP TURN	1&2
20. TRAVELING LOCKS IN OPEN CPP	(1&2)x4
21. 2 STATIONARY WALKS, MAN FACING CENTER	1a2 1a2
22. CRISS CROSS DROP VOLTA	1(2)a3a4
23. SOLO CIRCULAR VOLTA, M ENDS FEET APART	1a2a3a4
24. MAYPOLE, END IN ROLLING OFF THE ARM POSITION	1a2a3a4
25. ROLLING OFF THE ARM	1a2 1a2
26. 2 SAMBA WALKS (OPTIONAL)	1a2 1a2
27. ROLLING OFF THE ARM, END IN CONTACT POSITION	1a2 1a2
RECOMMENCE W/ REVERSE ROLL	TOTAL: 62 BARS

GOLD RUMBA

	<u># BARS</u>
1. THREE THREES	4
2. CONTINUOUS HIP TWISTS	2
3. CIRCULAR HIP TWISTS, END IN FAN POSITION	4
4. THREE ALEMANAS	4
5. ROPE SPINNING (OPTIONAL)	2
6. SLIDING DOORS, END W/ RELEASED SPIRAL TO SHADOW POSITION	3
7. PROGRESSIVE WALK IN SHADOW POSITION, END W/ RELEASED SPIRAL TO OPEN POSITION W/ RH TO RH HOLD	3
8. RH TO RH HOLD ALEMANA	2
9. RH TO RH HOLD CIRCULAR HIP TWISTS, END IN FAN POSITION	4
10. HOCKEYSTICK	2
RECOMMENCE.	TOTAL: 30 BARS

GOLD JIVE

COUNTS

1. FLICK ACROSS (MOOCH, METHOD 2)	20
2. BACK ROCK	2
3. 2 TWIST FLICK BALL-CHANGES	2
4. 4 WALKS	4
5. CHANGE OF PLACES R TO L W/ EXTRA SPIN	6
6. OVERTURNED CHANGE OF PLACES L TO R	6
7. SIMPLE SPIN	2
8. CHUGGING	14
9. CHANGE OF PLACES L TO R	6
10. TOE HEEL SWIVELS WITH BREAK	16
TIMING: QQS QQS QQQ QQQ (Q)aQ	
11. WALKS TIMING: QQQQQQ	6
12. STALKING WALKS, FLICKS INTO BREAK	18
TIMING: QQQQQQ; QQQQQQQQ; 123a4	
13. OVERTURNED FALLAWAY THROWAWAY	4
14. HIP BUMP (2X)	12
15. CHANGE OF PLACES L TO R, TO DOUBLE HOLD	6
16. OVERTURNED FALLAWAY THROWAWAY	6
17. CHICKEN WALKS TIMING: SaSaSaSa	8
18. OVERTURNED FALLAWAY THROWAWAY	4
19. CHICKEN WALKS TIMING: QaQaQaQ	4
20. FALLAWAY THROWAWAY OVERTURNED	4
TO TANDEM POSITION	
21. SIMPLE SPIN	2
22. CHANGE OF PLACES L TO R, END W/ RH TO RH HOLD	6
23. ROLLING OFF THE ARM W/ EXTRA SPIN (2X)	8;8
24. AMERICAN SPIN	6
25. MIAMI SPECIAL	6
26. CHANGE OF PLACES L TO R	6
27. WHIP THROWAWAY	8
28. HESITATION LINK	4
29. WHIP	4
30. CURLY WHIP	4
31. WHIP	4
RECOMMENCE.	TOTAL: 52 BARS